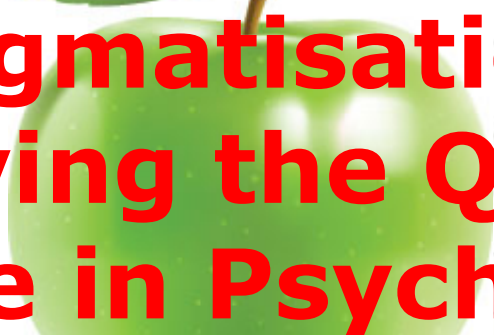




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Destigmatisation and Improving the Quality of Care in Psychiatry

Prague, 29 May 2009

Michael Hübel

*European Commission, DG Health
and Consumers
Health Determinants*



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European Pact for Mental Health and Well-being

- Launched at high-level conference of June 2008, hosted by Commissioner Vassiliou in cooperation with Commissioner Spidla
- A political conference declaration;
- Symbol of and framework for exchange and cooperation on mental health challenges and opportunities.



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Priority themes

1. Prevention of Depression and Suicide;
2. Mental Health in Youth and Education;
3. Mental Health in Workplace Settings;
4. Mental Health of Older People;
5. Combating Stigma and Social Exclusion.



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Deliverables

- Overviews of activities;
- Good practice inventory;
(MH Compass)
- Recommendations;
- Voluntary Commitments.





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Thematic conferences

- **Mental Health in Youth and Education**
29-30 September 2009, Stockholm
DG SANCO/Swedish Ministry of Health and Social Affairs.
- **Prevention of Depression and Suicide**
10-11 December 2009, Budapest
DG SANCO/Hungarian Ministry of Health
1st semester 2010
- **Mental Health in Older People**
21-22 April 2010, Madrid/Toledo
DG SANCO/Spanish Ministry of Health/DF
- **Mental Health in Workplace Settings**
8-9 November 2010, Berlin
DG SANCO/German Ministry of Labour and Social Affairs/BKK/DF



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Associated events

- 22.02.09 Presentation of **UK-Foresight Project on Mental Capital**, *Brussels*
- 17/18.3.09 **WHO-Conference Mental Health in the Workplace**, *Berlin*
- 27.04.09 **Round Table Reducing the Psychosocial Impact of the Economic and Financial Crisis**, *Brussels*
- 13.05.09 **Support/DG SANCO-Workshop: Gender and Mental Health**, *Brussels*



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User Empowerment in Mental Health

- WHO- EC are co-funding a "Partnership Project on User Empowerment in Mental Health"
- The duration of the project: April 2008- March 2011
- Main objective: to support Member States to improve their strategies and actions to empower people with mental health problems and their carers.



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Directorate-General for
Health & Consumers

Thank you!

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